

PSORIASIS?

**TURN TO
YOUR DOCTOR
FOR ANSWERS.**

And the questions you ask could make a difference.

At the Canadian Psoriasis Network, we know that being informed about psoriasis and pursuing the right treatment for you can help you achieve the quality of life you deserve.

Our advice to helping you better manage your psoriasis is simple:

- **Try being proactive:** ask your doctor questions when you have them
- **Speak openly and honestly** with your doctor about your psoriasis and any symptoms you may be experiencing

To help start a conversation with your doctor at your next visit, we have provided you with some **sample questions – just turn this page over to see them!**

Canadian
Psoriasis
Network



Réseau
canadien
du psoriasis



QUESTIONS?

HERE ARE A FEW TO HELP YOU START.

1. What things can make my psoriasis worse?
2. Are there any lifestyle changes I can make to help alleviate my symptoms?
3. Where can I get reliable psoriasis information?
4. What are my treatment options?
5. Which treatment is best for me?
6. How long will I have to wait to see results from my treatment?
7. If this doesn't work, what's the next step on my treatment path?
8. What can you recommend that will provide fast relief?
9. Do I have to use the treatment my whole life?
10. Should I be referred to a dermatologist now? If not, when would you want to get a dermatologist involved in my treatment?

The Canadian Psoriasis Network is here to help, too.
Visit us today to learn more about living well with psoriasis.

Canadian Psoriasis Network

Become a member today!

www.canadianpsoriasisnetwork.com

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