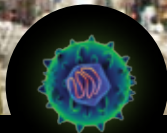




You're not alone



..... LIVING WITH
HEPATITIS C

HAVE HEPATITIS C?
READ THIS BROCHURE!
And learn more about it.

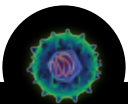
DON'T HAVE HEPATITIS C?
READ THIS BROCHURE ANYWAY!
It might help you avoid it.

In collaboration with CACTUS Montréal
Printed in Canada – HCV/1020A – August 2015

abbvie

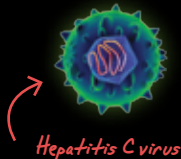


HEPATITIS C



WHAT IS IT?

It's a **LIVER DISEASE** caused by the hepatitis C virus.



Hepatitis C virus

Up to **6 in 7** people
develop a long-lasting infection.



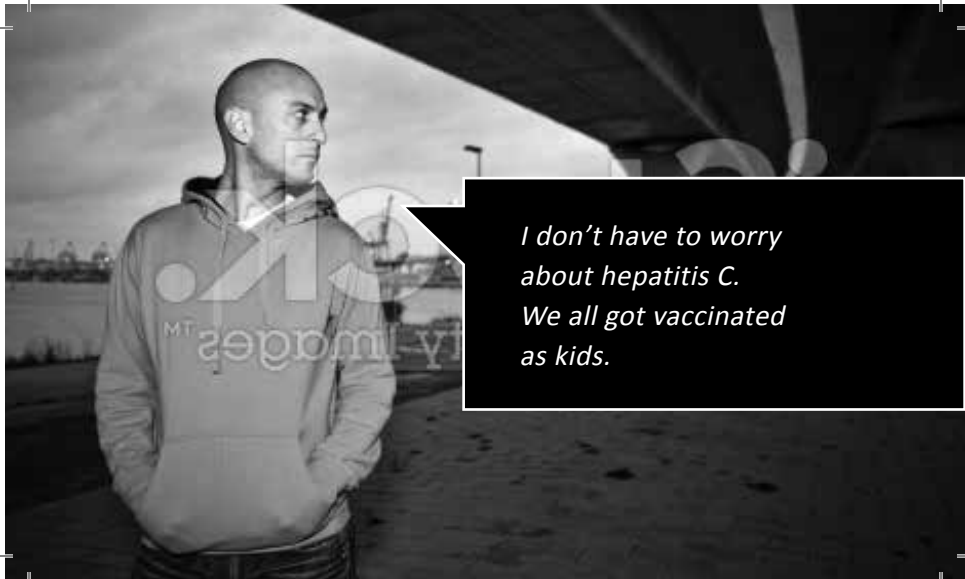


HEPATITIS C

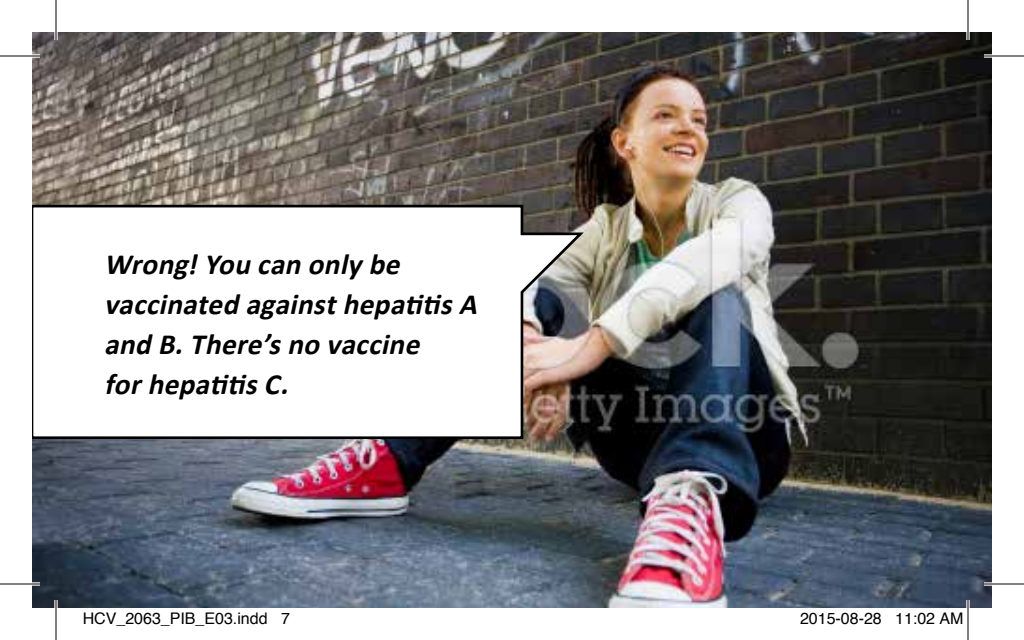
IT'S MORE COMMON THAN YOU THINK!

IN CANADA:

- **7 times** more people have **hepatitis C** than **HIV**.

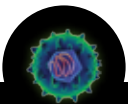


*I don't have to worry
about hepatitis C.
We all got vaccinated
as kids.*



Wrong! You can only be vaccinated against hepatitis A and B. There's no vaccine for hepatitis C.

HEPATITIS C



DO I HAVE IT?

THE ONLY WAY TO FIND OUT IS TO GET TESTED.

IT TAKES TWO TESTS:

1. The first one is to see if you've **EVER HAD** hepatitis C in your system. This test screens for HCV antibodies.

IF YOU HAVE HAD IT,

2. The second test checks if you **STILL HAVE IT.**
It's known as a viral RNA test.

IF NOT, HOW DO YOU AVOID GETTING INFECTED?

You avoid getting infected by **AVOIDING RISKY ACTIVITIES.**

Careful  You can get re-infected!
Don't play with fire. Don't take any risks.

Up to 8 in 10 new cases are caused by sharing contaminated injection equipment.

HEPATITIS C: HOW DO YOU GET IT?

Only through **BLOOD-TO-BLOOD** contact.

Even if the blood is dry, it can stay contaminated for nearly a month.



**VERY
RISKY**



Contaminated
drug equipment
(needles, pipes,
straws, etc.)



Non-sterilized
medical or
tattooing
equipment



**LESS
RISKY**



Sharing
personal care
items (razors,
toothbrushes, etc.)



Sex with an
infected person

**NO
RISK**

**EXCEPT FOR
HEPATITIS A
AND B**



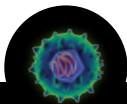
Casual, everyday
contact (toilet
seats, drinking
glasses, etc.)



Hugging,
kissing,
touching,
coughing

If you're infected, avoid ANY RISK of giving the infection to others until you've been treated — for their sake!

THE LIVER



WHAT DOES IT DO?

The liver is a vital organ. It's as important as your heart. It filters out all toxins and purifies your blood. It also stores energy. **When you have hepatitis C, your liver is sick.**



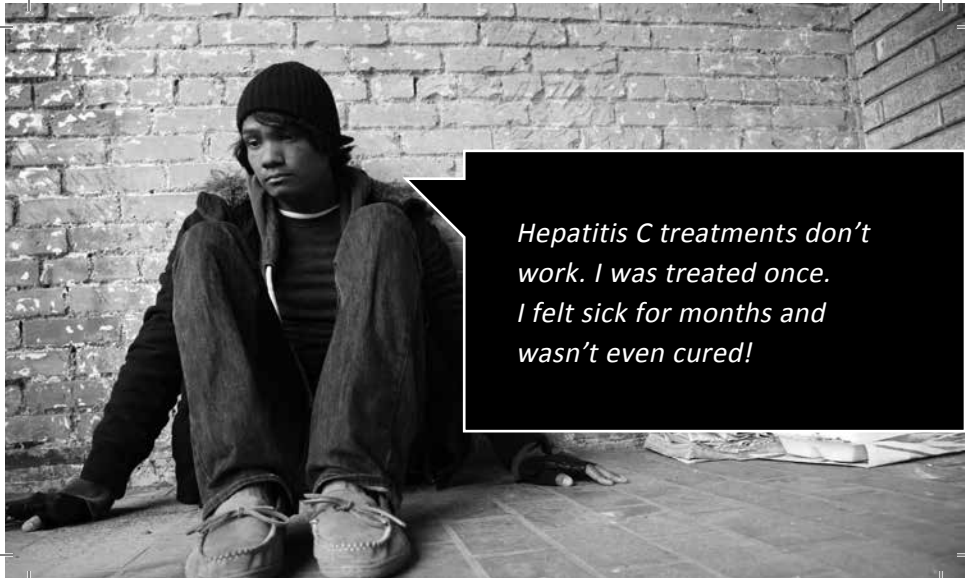
Scars build up in your liver, and this can turn into cirrhosis if you're NOT treated.



CIRRHOSIS means your liver has so many scars that it's almost useless. **YOU CAN DIE FROM CIRRHOSIS.**



You can also end up with liver cancer... **WHICH CAN KILL YOU.**



Hepatitis C treatments don't work. I was treated once. I felt sick for months and wasn't even cured!

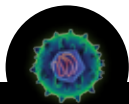


No way!

***Treatments are shorter
now and easier to take.***

***Come on, let's go
get you tested.***

HEPATITIS C



WHAT TO AVOID



MARIJUANA

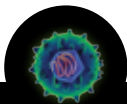


CIGARETTES



ALCOHOL

HEPATITIS C



WHO CAN HELP ME?

CACTUS Montréal

www.cactusmontreal.org

514-847-0067 ext. 100

DRUGS: help and referral

Toll-free everywhere in Quebec

www.drogue-aidereference.qc.ca

514-527-2626

1-800-265-2626

HEPATITIS C: WHO CAN HELP ME?

Other IMPORTANT numbers:

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

HEPATITIS C: WHO CAN HELP ME?

Other IMPORTANT numbers:

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

PRESCRIPTIONS, TESTS AND APPOINTMENTS

Last name:

First name:

Born:

DATE	PRESCRIPTIONS, TESTS AND APPOINTMENTS	SIGNATURE
<i>2015/06/03</i>	<i>Méthadone 5 cc</i>	<i>Denis St-Pierre</i>

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