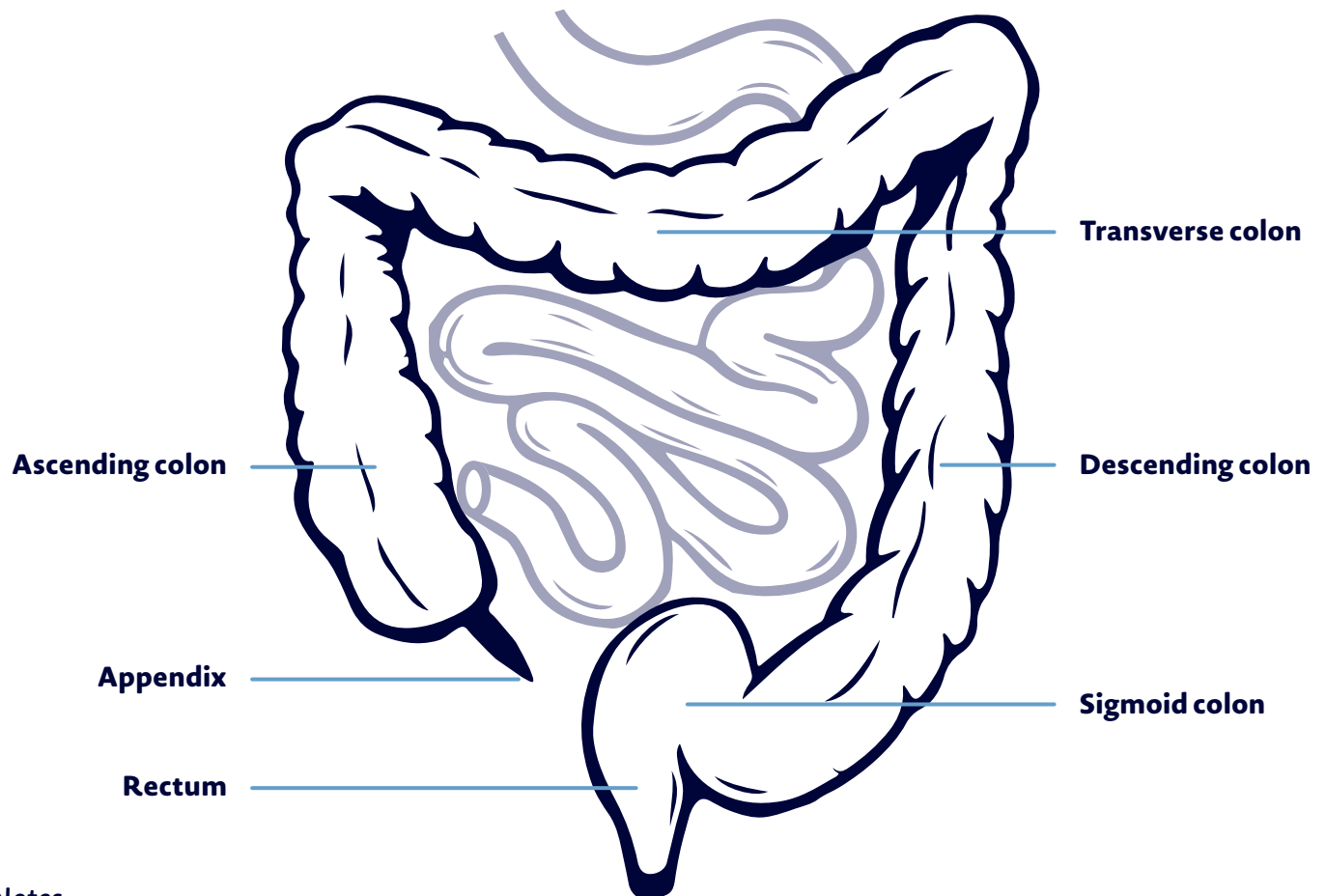


ULCERATIVE COLITIS (UC) IS AN INFLAMMATORY BOWEL DISEASE (IBD) THAT CAUSES LONG-LASTING INFLAMMATION AND ULCERS IN YOUR DIGESTIVE TRACT

UC affects the innermost lining of your large intestine (colon) and rectum



Notes

Symptoms may include:

- Diarrhea
- Abdominal pain/cramping
- Blood in stool
- Urgency to defecate
- Inability to defecate despite urgency
- Increase in stool frequency
- Reduced appetite
- Weight loss
- Fatigue
- Fever
- Rectal bleeding

Complications of UC may include:

- Extra-intestinal manifestations
 - Joint pain/inflammation
 - Eye inflammation (uveitis)
 - Skin inflammation (such as erythema nodosum)
- Perforated colon
- Surgery

TREATMENT GOALS IN UC

Treatment aims in UC include:

- Obtaining and maintaining remission with mucosal healing
- Resolving symptoms associated with active UC
- Improving quality of life
- Minimizing exposure to corticosteroids
- Avoiding hospitalization and surgery