


IMPACT OF PSORIATIC ARTHRITIS (PsA) ON CANADIANS

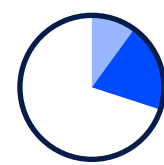
Psoriatic arthritis (PsA) is a chronic inflammatory autoimmune disease that attacks the skin and joints, and has considerable, often unseen impacts on physical and mental health.

FAST FACTS ABOUT PsA:

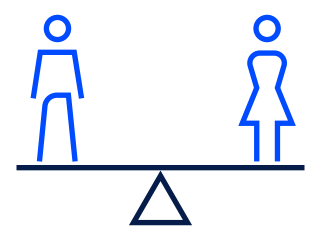
The exact number of people with PsA in Canada is unknown, but the disease is estimated to affect



UP TO 90,000 CANADIANS^{1,2}



10% TO 30%
of people with psoriasis develop psoriatic arthritis³



Affects men and women in **EQUAL NUMBERS**


Usually appears between the ages of **20 TO 50**

If not addressed early, PsA can lead to **IRREVERSIBLE JOINT AND TISSUE DAMAGE**

Symptoms include:



Patches of psoriasis



Nail pitting



Swelling of joints



Fatigue



Joint pain

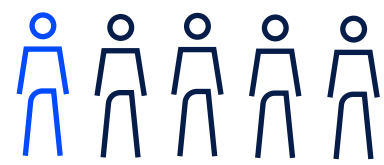
A RECENT SURVEY OF 104 CANADIANS LIVING WITH PsA REVEALS*:

Mental health is affected



54% say their mental well-being has been negatively affected by PsA...

...yet only **ABOUT 1/2** of those people have sought help



1 IN 5 respondents have had **SUICIDAL THOUGHTS**

"I have had psoriatic arthritis and psoriasis for more than 30 years. At one point, 93% of my body was covered in psoriasis. I was using arm and leg braces to help me walk. These diseases have had a huge impact on my life."

- Marilyn, living with PsA

Quality of life is impacted



Pain is the **#1 SYMPTOM**

45% of people always experience joint pain



32% of people always experience throbbing, aching joints or joint tenderness

45% have a hard time performing day-to-day activities and miss out on activities because of their disease



1 IN 4 people constantly or often miss out on social engagements



67% have had to change the expectations they had of themselves because of their disease

Honest dialogue is important

37%

sometimes tell their physician they feel okay even when they're not

50%

don't believe friends and family understand what they're going through

24%

keep their PsA hidden from their boss and colleagues at work

Treatment innovation is needed

25%

do not believe their symptoms are under control

72%

think it is possible to feel better than they currently do

85%

wished there were better or new treatment options available

CANADIANS WITH PsA NEED ACCESS TO INNOVATIVE NEW THERAPIES. Anyone experiencing PsA symptoms should speak with their doctor about the best options for them.

References:

1. Statistics. 2019. National Psoriasis Foundation. Available at: <https://www.psoriasis.org/content/statistics>. Accessed on: March 12, 2021.
2. Mease PJ and Armstrong AW. Managing patients with psoriatic disease: the diagnosis and pharmacologic treatment of psoriatic arthritis. Drugs. 2014 Mar;74(4):423-41. doi: 10.1007/s40265-014-0191-y.
3. Arthritis Society. Psoriatic arthritis. Available at: [https://arthritis.ca/about-arthritis/arthritis-types-\(a-z\)/types/psoriatic-arthritis](https://arthritis.ca/about-arthritis/arthritis-types-(a-z)/types/psoriatic-arthritis). Accessed on April 23, 2021.

* AbbVie commissioned Leger to complete an online survey of 104 Canadians living with psoriatic arthritis. The survey was conducted between November 9 and December 7, 2020.